

**Lehigh Valley Conference
Track & Field Championships
Day 1
Event Schedule
2010**

3:30p	Girls Long Jump	Stadium	Preliminaries & Finals
4:00p	Girls Shot Put	Field House Field	Preliminaries & Finals
	Boys Javelin Throw	Field House Field	Preliminaries & Finals
	Girls Pole Vault	Stadium	Preliminaries & Finals
	Boys High Jump	Stadium	Preliminaries & Finals
	Girls 100 Meter Hurdles	Stadium	Preliminaries
4:10p	Boys 100 Meter Hurdles	Stadium	Preliminaries
4:20p	Girls 100 Meter Dash	Stadium	Preliminaries
4:30p	Boys 100 Meter Dash	Stadium	Preliminaries
4:40p	Girls 4x800 Meter Relay	Stadium	Finals
5:00p	Boys 4 x 800 Meter Relay	Stadium	Finals
5:15p	Boys Triple Jump	Stadium	Preliminaries & Finals
5:30p	Boys Shot Put	Field House Field	Preliminaries & Finals
	Girls Javelin Throw	Field House Field	Preliminaries & Finals
	Girls 200 Meter Dash	Stadium	Preliminaries
5:45p	Boys 200 Meter Dash	Stadium	Preliminaries
	Awards:		
	Girls Long Jump	Girls Pole Vault	Girls Shot Put
	Boys High Jump	Boys Javelin	4x800 Meter Relay
6:00p	Girls 300 Meter Hurdles	Stadium	Finals
6:15p	Boys 300 Meter Hurdles	Stadium	Finals
6:30p	Girls 3200 Meter Run	Stadium	Finals
6:50p	Boys 3200 Meter Run	Stadium	Finals
	Awards:		
	Boys Shot Put	Girls Javelin	Boys Triple Jump
	300 Meter Hurdles		
7:15p	Awards:		
	3200 Meter Run		