

Lehigh Valley Conference Track and Field - Male Top Performances - 5/3/2011

Place	Event	Time/Mark	FAT	School	First Name	Last Name	Opponent	Date
1	100 M. Run	10.4		Emmaus	Joe	Williams	Lib/Naz	4/26/11
1	100 M. Run	10.6		Nazareth	Tyler	Kern	Lib/Emm	4/26/11
3	100 M. Run	10.9		Liberty	Gerald	Vital	Emm/Naz	4/26/11
1	200 M. Run	21.1		Emmaus	Joe	Williams	Lib/Naz	4/26/11
2	200 M. Run	21.9		Nazareth	Tyler	Kern	Emm/Lib	4/26/11
2	200 M. Run	22.1		Liberty	Drake	Freeman	Emm/Naz	4/26/11
1	400 M. Run	49.6		Nazareth	Andrew	Bridgeforth	Dieruff	4/11/11
2	400 M. Run	49.9		Liberty	Luke	Uliana	Bechai	4/9/11
3	400 M. Run	50.8		Dieruff	Jared	Newton	Bechai	4/14/11
1	800 M. Run	1:56.0		Nazareth	Andrew	Bridgeforth	Freedom	4/18/11
2	800 M. Run	1:58.8		Parkland	Austin	Semmel	WAHS Invite	4/29/11
3	800 M. Run	1:59.0		Nazareth, Bechai Tied				
1	1600 M. Run	4:20.9		Whitehall	Matt	Kacjon	WAHS Invite	4/29/11
2	1600 M. Run	4:26.6		Parkland	Austin	Semmel	Liberty	4/14/11
3	1600 M. Run	4:29.4		Nazareth	Steven	Ruch	WAHS Invite	4/29/11
1	3200 M. Run	9:40.9		Whitehall	Matt	Kaycon	WAHS Invite	4/29/11
2	3200 M. Run	9:47.7		Liberty	Tommy	Darlington	WAHS Invite	4/29/11
3	3200 M. Run	10:05.2		Freedom	Nathan	Palmer	WAHS Invite	4/29/11
1	110 M. Hurdles	14.3		Nazareth	Adam	Bridgeforth	Freedom	4/18/11
2	110 M. Hurdles	14.7		Whitehall	Logan	Kreglow	East/ACC	4/26/11
3	110 M. Hurdles	15.1		Parkland	Connor	Tench	ACC/Bechai	4/18/11
1	300 M. Hurdles	41.1		Parkland	Conner	Tench	Liberty	4/14/11
2	300 M. Hurdles	41.7		Bethlehem Catholic	Tyler	Horton	Liberty	4/9/11
3	300 M. Hurdles	42.9		Easton	Jared	Queen	Liberty	4/7/11
1	400 M. Relay	43.3		Emmasu	<i>Fries</i>	<i>Artis</i>	WAHS Invite	4/29/11
					<i>Asokeji</i>	<i>Williams</i>		
2	400 M. Relay	44.0		Liberty	<i>Freeman</i>	<i>Vital</i>	ACC	4/11/11
					<i>Holmes</i>	<i>Jones</i>		
2	400 M. Relay	44.0		Freedom	<i>Vega</i>	<i>Hill</i>	Parkland/Die	4/26/11
					<i>Alozie</i>	<i>Elliott</i>		
1	1600 M. Relay	3:29.0		Liberty	Uliana	Holmes	Freedom	5/2/11
					Roma	Freeman		
1	1600 M. Relay	3:29.8		Nazareth	Ruch	Eric Johnson	WAHS Invite	4/29/11
					Lipsky	Andrew Bridgeforth		
3	1600 M. Relay	3:34.4		Dieruff	<i>Newton</i>	<i>Rocha</i>	WAHS Invite	4/29/11
					<i>Martin</i>	<i>Crachi</i>		
1	3200 M. Relay	7:56.3		Easton	Caul	Barlow	WAHS Invite	4/29/11
					Wolfe	England		
2	3200 M. Relay	8:04.7		Nazareth	<i>Andr Bridgeforth</i>	<i>Boylan</i>	Easton	4/14/11
					<i>Johnson</i>	<i>Ruch</i>		
3	3200 M. Relay	8:08.5		Bechai	<i>Boger</i>	<i>Leeson</i>	WAHS Invite	4/29/11
					<i>Rosynk</i>	<i>Solda</i>		

Please Remember that in all times, any one-hundredths of seconds get rounded up, (example 10.51 becomes 10.6), unless they are FAT times.

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Place	Event	Time/Mark	FAT	School	First Name	Last Name	Opponent	Date
1	Long Jump	22' 2"		Liberty	Devon	Jones	Emm/Naz	4/26/11
2	Long Jump	22' 1.5"		Nazareth	Adam	Bridgeforth	Freedom	4/18/11
3	Long Jump	21' 10"		Nazareth	Sean	Sauerzopf	WAHS Invite	4/29/11
1	Triple Jump	45' 6"		Nazareth	Adam	Bridgeforth	Dieruff	4/11/11
2	Triple Jump	42' 10"		Bethlehem Catholic	Tajmire	Flood	Whitehall	4/11/11
3	Triple Jump	42' 2.5"			Sean	Sauerzopf	Dieruff	4/11/11
1	High Jump	6' 5"		Allentown Central Catholic	Conor	Ewell	WAHS Invite	4/29/11
2	High Jump	6' 2"		2 Dieruff, 1 Nazareth, 1 Parkland Tied				
3	High Jump							
1	Shot Put	45' 9"		Northampton	Justin	Kulhammer	WAHS Invite	4/29/11
2	Shot Put	44' 5"		Parkland	John	Visco	Northampton	4/4/11
3	Shot Put	44' 4.5"		Allen	Adonis	Cannon	WAHS Invite	4/29/11
1	Discus	135' 5"		Whitehall	Braden	Zeiner	Bechai	4/11/11
2	Discus	131' 10"		Emmaus	Andy	Cook	North/East	4/18/11
3	Discus	129' 10"		Parkland	John	Visco	ACC Becahi	4/18/11
1	Javelin	163' 1.5"		Emmaus	Matt	Laughran	Parkland	4/11/11
2	Javelin	162' 5"		Parkland	Dakota	Kelly	Northampton	4/4/11
3	Javelin	160' 8"		Nazareth	Alex	Kocher	Parkland	4/4/11
1	Pole Vault	14' 6"		Northampton	Eric	Hunter	Parkland	4/4/11
2	Pole Vault	14' 4"		Nazareth	Brandon	Williams	Lib/Emm	4/26/11
3	Pole Vault	13' 0"		Whitehall	Adam	Director	Whall Relays	4/2/11

Lehigh Valley Conference Track and Field - Female Top Performances - 5/3/2011

Place	Event	Time/Mark	FAT	School	First Name	Last Name	Opponent	Date
1	100 M. Run	11.8		Whitehall	Danielle	Smith	East/ACC	4/26/11
2	100 M. Run	12.4		Easton	Kenesha	Brown	Freedom	4/9/11
3	100 M. Run	12.5		Dieruff & Allen Tied				
1	200 M. Run	25.0		Whitehall	Danielle	Smith	Bechai	4/11/11
2	200 M. Run	25.9		Easton	Kenesha	Brown	Freedom	4/9/11
3	200 M. Run	26.0		Liberty	Vanessa	Chambers	Emm/Naz	4/26/11
1	400 M. Run	58.5		Whitehall	Danielle	Smith	Die-Lib	4/18/11
2	400 M. Run	59.2		Dieruff	Iris	Burch	WAHS Invite	4/29/11
3	400 M. Run	1:00.8		Easton	Kenesha	Brown	Liberty	4/7/11
1	800 M. Run	2:19.0		Liberty	Jess	Cygan	Freedom	5/2/11
1	800 M. Run	2:20.0		Liberty	Amy	Darlington	Bechai	4/9/11
3	800 M. Run	2:24.4		Parkland	Cassidy	Newman	Liberty	4/14/11
1	1600 M. Run	5:00.4		Liberty	Amy	Darlington	Parkland	4/14/11
2	1600 M. Run	5:02.9		Liberty	Jess	Cygan	WAHS Invite	4/29/11
3	1600 M. Run	5:18.0		Liberty	Elizabeth	Reynolds	Freedom	5/2/11
1	3200 M. Run	10:46.6		Liberty	Amy	Darlington	Whithall	4/18/11
2	3200 M. Run	11:00.0		Liberty	Jess	Cygan	Parkland	4/14/11
3	3200 M. Run	11:27.8		Liberty	Vrinda	Jagota	WAHS Invite	4/29/11
1	100 M. Hurdles	16.0		Parkland	Ryanne	Pagliario	Die/Freed	4/26/11
2	100 M. Hurdles	16.2		Whitehall	Sahra	Garner	Bechai	4/11/11
3	100 M. Hurdles	16.6		Allen	Jordyn	Warren	North/Bechai	4/26/11
1	300 M. Hurdles	48.4		Easton	Nicole	Pritchard	Cent/Whall	4/26/11
2	300 M. Hurdles	48.5		Easton	Liz	Walker	Freedom	4/9/11
2	300 M. Hurdles	48.6		Easton		Graham	Cent/Whall	4/26/11
1	400 M. Relay	50.6		Easton	Fulton	Farrar	Whall/Cent	4/26/11
					Walker	Patterson		
2	400 M. Relay	51.4		Allen	J. Warren	G. Kilikpo	North/Bechai	4/26/11
					L. Blissett	E. Robinson		
3	400 M. Relay	52.5		Bechai, Whitehall, Parkland & Liberty Tied				
1	1600 M. Relay	4:10.7		Liberty	Shumock	MacBride	Parkland	4/14/11
					Darlington	Miller		
2	1600 M. Relay	4:14.9		Parkland	Gombos	Pagliario	Liberty	4/14/11
					Townsend	Manjavrez		
3	1600 M. Relay	4:12.5		Bethlehem Catholic	Kubitsky	Reightler	WAHS Invite	4/29/11
					Morony	Balogh		
1	3200 M. Relay	9:59.7		Parkland	Manjavrez	Holko	ACC/BC	4/18/11
					Albertson	Newman		
2	3200 M. Relay	10:07.1		Liberty	Tomlin	Valentin	WAHS Invite	4/29/11
					Shumock	Reynolds		
3	3200 M. Relay	10:08.5		Bethlehem Catholic	Balogh	Kubitsky	WAHS Invite	4/29/11
					Garcia	Schadt		

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