

Year by Year Medal Winners

2009 P.I.A.A. STATE TRACK AND FIELD MEET

Girl's 100 Meter Run - Silver Medal - Sequeena Thomas

Boy's 100 Meter Run - Fifth Place - Andre Williams

Boy's 100 Meter Relay - Fifth Place - Andre Williams

2009 DISTRICT XI MEET

GOLD

Boys 100 M. Run

Andre Williams

SILVER

***Boys 100 M. Hurdles

Andre Williams

BRONZE

Boys 300 M. Hurdles

Jason Solensky

Girls 100 M. Run

Sequeena Thomas

*** Boys 1600 M. Relay****

Andrew Szewczak

Cameron McConnell

Jason Solensky

Alex Macri

****DENOTES ALSO QUALIFIED STATE TRACK AND FIELD MEET

2009 LEHIGH VALLEY CONFERENCE MEET

GOLD

BOYS 400 M. Relay

Rico Goldstone

Matt Haas

Andrew Szewczak

Andre Williams

SILVER

BOYS 100 M. RUN

Andre Williams

BOYS 300 M. Hurdles

Jason Solensky

BRONZE

BOYS 200 M. RUN

Rico Goldstone

BOYS 100 M. Hurdles

Conner Tench

BOYS 300 M. Hurdles

Matt Wolfson

2008 DISTRICT XI MEET

2008 LEHIGH VALLEY CONFERENCE MEET

GOLD

SILVER

BRONZE

GIRLS 400 M. RELAY

Mallory Smith

Kim Kentner

Arialle Hess

Karley Butler

GOLD

BOYS 200 M. Run

Eric Rueda

2007 DISTRICT XI MEET

SILVER

***BOYS 1600 M. RELAY ***

Andrew Szewczak

Bobby Torphy

Matt Mondschein

Eric Rueda

BRONZE

BOYS 400 M. RELAY

Vince Dimaio

Eric Rueda

Ryan Wetherhold

Zachery Wolfson

****DENOTES ALSO QUALIFIED STATE TRACK AND FIELD MEET

**** Starting in 2005, District XI started awarding Fourth Place Medals****

2007 LEHIGH VALLEY CONFERENCE MEET

GOLD

BOYS 200 M. Run

Eric Rueda

SILVER

BOYS 400 M. Run

Eric Rueda

BRONZE

BOYS 110 M. Hurdles

***BOYS 1600 M. RELAY ***

Andrew Szewczak

Bobby Torphy

Matt Mondschein

Tim Stepp

GOLD

2006 DISTRICT XI MEET

SILVER

BRONZE

GIRLS 400 M. Run

****Alison Haberstroh ****

*****GIRLS 1600 M. RELAY *****

Alison Haberstroh
Emily Werkheiser
Kali Standorf
Morgan Taylor

4th Place Medals

GIRLS 400 M. RELAY

Emily Werkheiser
Alison Haberstroh
Kali Standorf
Morgan Taylor

BOYS 110 M. Hurdles

Geren Woodbridge

BOYS 300 M. Hurdles

Justin Labenberg

2006 LEHIGH VALLEY CONFERENCE MEET

GOLD

SILVER

BRONZE

GIRLS 400 M. Run

Alison Haberstroh

BOYS 300 M. Hurdles

Geren Woodbridge

BOYS 110 M. Hurdles

Geren Woodbridge

*****GIRLS 400 M. RELAY *****

Emily Werkheiser
Alison Haberstroh
Kali Standorf
Morgan Taylor

*****GIRLS 1600 M. RELAY *****

Alison Haberstroh
Emily Werkheiser
Kali Standorf
Morgan Taylor

****DENOTES ALSO QUALIFIED STATE TRACK AND FIELD MEET

**** Starting in 2005, District XI started awarding Fourth Place Medals****

2005 DISTRICT XI MEET

GOLD

SILVER

BRONZE

BOYS 400 M. Run

Leon Blake

BOYS 300 M Hurdles

Andrew Schneider

4th Place Medal

BOYS 300 M Hurdles

Justin Labenberg

****DENOTES ALSO QUALIFIED STATE TRACK AND FIELD MEET

**** Starting in 2005, District XI started awarding Fourth Place Medals****

2005 LEHIGH VALLEY CONFERENCE MEET

GOLD

SILVER

BRONZE

BOYS 400 M. Run

Leon Blake

BOYS 300 M. Hurdles

Andrew Schneider

BOYS 400 M. RELAY

Justin Hill
James Barksdale
Andrew Schneider
George Horn

**Congratulations Parkland Boys
State Silver Medalists
P.I.A.A. - AAA Boys Second Place Team Finish**

2004 P.I.A.A. STATE TRACK AND FIELD MEET

Boys 1600 Meter Relay Team – Sixth Place Medal

- 1. Leon Blake 2. Matt Schneider
- 3. Ian Minshew 4. Steve Stern

2004 P.I.A.A. STATE TRACK AND FIELD MEET

Boys 400 Meter Run Team – Silver Medal

Steve Stern

2004 DISTRICT XI MEET

GOLD

BOYS 400 M. Run

Steve Stern

SILVER

***BOYS 1600 M. RELAY ***

Leon Blake

Ian Minshew

Matt Schneider

Steve Stern

BRONZE

BOYS 200 M. Run

Steve Stern

****DENOTES ALSO QUALIFIED STATE TRACK AND FIELD MEET

2004 LEHIGH VALLEY CONFERENCE MEET

GOLD

BOYS 400 M. Run

Steve Stern

SILVER

BOYS 100 M. RUN

Steve Stern

BRONZE

***BOYS 1600 M. RELAY ***

Leon Blake

Ian Minshew

Matt Schneider

Steve Stern

Congratulations Parkland

P.I.A.A. - AAA Boys Ninth Place Team Finish

2003 P.I.A.A. STATE TRACK AND FIELD MEET

Boys 1600 Meter Relay Team – Fourth Place Medal

- 1. Steve Stern 2. Greg Macri
- 3. Leon Blake 4. Austin Scott

2003 P.I.A.A. STATE TRACK AND FIELD MEET

Boys 400 Meter Relay Team – Sixth Place Medal

- 1. Ryan Klientop 2. Lee Riley
- 3. Steve Stern 4. Austin Scott

**** New School Record set at State Meet of 3:21.21**

2003 DISTRICT XI MEET

GOLD

*****BOYS 400 M. RELAY *****

- Ryan Klientop
- Lee Riley
- Steve Stern
- Austin Scott

SILVER

BRONZE

BOYS 100 M. Run

**** Austin Scott ****

Girls 400 M. Run

Amanda Grossman

*****BOYS 1600 M. RELAY*****

- Greg Macri
- Steve Stern
- Leon Blake
- Austin Scott

******DENOTES ALSO QUALIFIED STATE TRACK AND FIELD MEET**

2003 LEHIGH VALLEY CONFERENCE MEET

GOLD

BOYS 400 M. RELAY

- Ryan Klientop
- Lee Riley
- Steve Stern
- Austin Scott

SILVER

BOYS 100 M. RUN

Austin Scott

BOYS 400 M. RUN

Steve Stern

GIRLS 400 M. RUN

Amanda Grossman

BOYS 1600 M. RELAY

- Greg Macri
- Steve Stern
- Leon Blake
- Austin Scott

GIRLS 1600 M. RELAY

- Paula Giguere
- Kim McCartney
- Jill Kellogg
- Amanda Grossman

BRONZE

2002 DISTRICT XI MEET

GOLD

*****BOYS 400 M. RELAY *****

- Steve Stern
- Austin Scott
- Kyle Drumm
- Lee Riley

SILVER

*****BOYS 200 M. RUN *****

Steve Stern

BRONZE

GIRLS 1600 M. RELAY

- Erin Clemmer
- Paula Giguere
- Kim McCartney
- Amanda Grossman

BOYS 1600 M. RELAY

- Brian Powell
- Joe Draushak
- Steve Stern
- Austin Scott

******DENOTES ALSO QUALIFIED STATE TRACK AND FIELD MEET**

2002 MOUNTAIN – VALLEY CONFERENCE MEET

GOLD

BOYS 100 M. RUN
Steve Stern

BOYS 400 M. RUN
Steve Stern

BOYS 400 M. RELAY
Steve Stern
Austin Scott
Kyle Drumm
Lee Riley

BOYS 1600 M. RELAY
Brian Powell
Joe Draushak
Steve Stern
Austin Scott

SILVER

GIRLS 1600 M. RELAY
Erin Cadden
Erin Clemmer
Amanda Grossman
Kim McCartney

BRONZE

2001 DISTRICT XI MEET

SILVER

***BOYS 100 M. RUN ***
Lee Riley

***BOYS 400 M. RELAY ***
Rob Oblas
Lee Riley
Steve Stern
Tim Massaquoi

BOYS 1600 M. RELAY
Tim Massaquoi
Steve Stern
Aaron Fever
Lee Riley

BRONZE

GIRLS 400 M. RUN
Amanda Grossman

GIRLS 400 M. RELAY
Ashley Kahan
Amelia Schneck
Angela Hanna
Tameka Brown

GIRLS 1600 M. RELAY
Angela Hanna
Amanda Grossman
Amelia Schneck
Erin Clemmer

****DENOTES ALSO QUALIFIED STATE TRACK AND FIELD MEET

2001 MOUNTAIN – VALLEY CONFERENCE MEET

GOLD

BOYS 100 M. RUN
Lee Riley

BOYS 200 M. RUN
Lee Riley

GIRLS 400 M. RELAY
Ashley Kahan
Amelia Schneck
Angela Hanna
Tameka Brown

SILVER

GIRLS 1600 M. RELAY
Angela Hanna
Erin Clemmer
Amanda Grossman
Amelia Schneck

BOYS 1600 M. RELAY
Tim Massaquoi
Steve Stern
Aaron Fever
Lee Riley

BRONZE

GIRLS 400 M. RUN
Amanda Grossman

BOYS 400 M. RUN
Steve Stern

2000 P.I.A.A. STATE TRACK AND FIELD MEET

Boys 1600 Meter Relay Team – Silver Medal

Matt Riley
Eric Furry

Mike Cogan
Austin Scott

New School Record of 3:21.5

2000 DISTRICT XI MEET

SILVER

BOYS 400 M. RUN***
Matt Riley

Girls 1600 M. Relay
Angela Hanna
Erin Gunther
Lynn Sinkovits
Amanda Grossman

BRONZE

BOYS 100 M. RELAY
Sean Blieler
Austin Scott
Mike Cogan
Tim Massaquoi

Girls 400 M. Run
Lynn Sinkovits

****DENOTES ALSO QUALIFIED STATE TRACK AND FIELD MEET

2000 MOUNTAIN – VALLEY CONFERENCE MEET

GOLD

BOYS 100 M. RUN
Matt Krause

BOYS 400 M. RUN
Austin Scott

BOYS 1600 M. RELAY
Eric Furry
Mike Cogan
Austin Scott
Matt Riley

SILVER

GIRLS 400 M. RELAY
Angela Hanna
Lynn Sinkovits
Ashley Kahan
Kristin Williams

GIRLS 1600 M. RELAY
Angela Hanna
Erin Gunther
Lynn Sinkovits
Amanda Grossman

BRONZE

BOYS 200 M. RUN
Mike Cogan

GIRLS 400 M. RUN
Lynn Sinkovits

BOYS 400 M. RUN
Matt Riley

BOYS 400 M. RELAY
Sean Blieler
Jared Hacker
Mike Cogan
Tim Massaquoi

1999 DISTRICT XI MEET

GOLD

BOYS 100 M. RUN

John Clipper

BOYS 200 M. RUN

John Clipper

BOYS 1600 M. RELAY

Matt Riley
Matt Krause
Brent Ricci
John Clipper

GIRLS 400 M. RELAY

Angela Hanna
Lynn Sinkovits
Ashley Kahan
Kristen Williams

SILVER

BOYS 400 M. RELAY

Sean Blieler
John Clipper
Ted Heeps
John Clipper

BRONZE

****ALL QUALIFIED FOR STATE TRACK AND FIELD MEET****

1999 MOUNTAIN – VALLEY CONFERENCE

Gold

Boys 100 M. Run

John Clipper

Boys 200 M. Run

John Clipper

BOYS 400 M. RELAY

Sean Blieler
John Clipper
Ted Heeps
Matt Krause

BOYS 1600 M. RELAY

Matt Riley
Matt Krause
Brent Ricci
John Clipper

SILVER

GIRLS 400 M. RELAY

Angela Hanna
Lynn Sinkovits
Ashley Kahan
Kristen Williams

Bronze

1998 DISTRICT XI MEET

GOLD

BOYS 400 M. RELAY

NEW DISTRICT RECORD

Matt Thomas
Beau Heeps
Ted Heeps
John Clipper

BOYS 1600 M. RELAY

Matt Krause
Steve Fonzone
Nick Krizan
John Clipper

SILVER

BOYS 100 M. RUN

John Clipper

BOYS 200 M. RUN

Beau Heeps

BOYS 400 M. RUN

Matt Krause

GIRLS 400 M. RELAY

Ashley Kahan
Angela Hanna
Lynn Sinkovits
Kristen Williams

Bronze

****ALL QUALIFIED FOR STATE TRACK AND FIELD MEET****

1998 EAST PENN CONFERENCE MEET

GOLD

BOYS 400 M. RELAY

Matt Thomas
Beau Heeps
Ted Heeps
John Clipper

BOYS 100 M. RUN

John Clipper

BOYS 200 M. RUN

Beau Heeps

SILVER

BOYS 200 M. RUN

John Clipper

BRONZE

GIRLS 400 M. RELAY

Angela Hanna
Kristen William
Ashley Kahan
Kerri Nigito

BOYS 100 M. RUN

Beau Heeps

** DID NOT RUN 1600 M. RELAYS AT E.P.C. MEET**

1997 District XI Meet

Gold

Boys 200 m. Run

****Beau Heeps****

Silver

*****Boys 400 M. Relay*****

Matt Thomas
John Clipper
Beau Heeps
Doug Joseph

*****Boys 1600 M. Relay*****

John Clipper
Matt Krause
Nick Krizan
Steve Fonzone

Bronze

Girls 400 M. Run

Lisa Horton

****DENOTES ALSO QUALIFIED STATE TRACK AND FIELD MEET

1997 East Penn Conference Meet

Gold

Boys 400 M. Relay
Matt Thomas
Beau Heeps
John Clipper
Doug Joseph

Boys 1600 M. Relay

John Clipper
Matt Krause
Dave Gower
Nick Krizan

Silver

Boys 100 M. Run
John Clipper

Bronze

Boys 200 M. Run
Beau Heeps

Girls 200 M. Run
Lynn Sinkovits

1996 District XI Meet

Gold

Silver

Girls 400 M. Run
Lisa Horton

Bronze

Girls 400 M. Relay
Carlendra Frank
Samantha Ratihh
Christy Butala
Dea Tomsic

Girls 1600 M. Relay
Samantha Ratihh
Christy Butala
Lisa Horton
Kim Grossman

1996 East Penn Conference Meet

Gold

Girls 1600 M. Relay
Samantha Ratihh
Christie Butala
Lisa Horton
Kim Grossman

Silver

Girls 400 M. Run
Lisa Horton

Bronze

Girls 400 M. Relay
Jill Stockhausen
Samantha Ratihh
Carlendra Frank
Kristy Butala

Boys 400 M. Relay
Doug Joseph
Ira Van Scyoc
Josh Shedroff
Jeremy Steward

Boys 1600 M. Relay
Ira Van Scyoc
Brett McCartney
John Clipper
Jeremy Steward

1995 P.I.A.A. StateTrack and FieldMeet

Girls 100 M. Run: Fourth Place -

Dea Tomsic

1995 District XI Meet

Gold

Girls 100 M. Run
Dea Tomsic
****District & School Record****

Silver

Girls 1600 M. Relay
Steph Kubik
Lisa Horton
Samantha Ratihh
Kristy Butala

Bronze

Girls 400 M. Run
Kristy Butala

Boys 200 M. Run
Jeremy Steward

Boys 400 M. Relay
Ira Van Scyoc
Jeremy Steward
Josh Shedroff
Doug Joeseeph

Girls 200 M. Run
Dea Tomsic

****District & School Record****

1995 East Penn Conference Meet

Gold

Girls 100 M. Run
Dea Tomsic

Silver

Boys 200 M. Run
Jeremy Steward

Bronze

Boys 400 M. Relay
Jeremy Steward
Ira Van Scyoc
Doug Joeseeph
Josh Shedroff

Girls 200 M. Run
Dea Tomsic

Girls 400 M. Relay
Katie Wilder
Samantha Ratihh
Jill Stockhausen
Dea Tomsic

Boys 1600 M. Relay
Ira Van Scyoc
Rick Buck
Jeremy Steward
Brett McCartney

Girls 1600 M. Relay
Katie Wilder
Lisa Horton
Kristy Butala
Samantha Ratihh

1994 P.I.A.A. State Meet Track and Field

Girls 400 M. Run: Fifth Place

Abbe Pitera

1994 District XI Meet

Silver

Boys 1600 M. Run

John Roberts
Chad Krause
Chris Fonzone
Chris Search

****Qualified for State Meet****

Bronze

Gold

Girls 400 M. Run

Abbe Pitera

Girls 400 M. Relay

Katie Wilder
Samantha Ratihh
Dea Tomsic
Abbe Pitera

Girls 1600 M. Relay

Katie Wilder
Kristy Butala
Kim Andrews
Abbe Pitera

Boys 400 M. Relay

Tony Pagen
Chris Search
Jeremy Steward
Jay Tomsic

1994 East Penn Conference Meet

Silver

Boys 200 M. Run

Chris Search

Bronze

Gold

Girls 400 M. Run

Abbe Pitera

Girls 400 M. Relay

Katie Wilder
Samantha Ratihh
Dea Tomsic
Abbe Pitera

Girls 1600 M. Relay

Katie Wilder
Kristy Butala
Kim Andrews
Abbe Pitera

Boys 400 M. Relay

Tony Pagen
Chris Search
Jeremy Steward
Jay Tomsic

Boys 1600 M. Run

John Roberts
Chad Krause
Chris Fonzone
Chris Search

1993 P.I.A.A. State Track and Field Meet

Girls 400 M. Run: Sixth Place

Abbe Pitera

1993 District XI Meet

Silver

Boys 200 M. Run

Chris Search

Bronze

Gold

Girls 400 M. Run

Abbe Pitera

Girls 1600 M. Relay

Kim Andrews
Kristie Butala
Cheryl Lutz
Abbe Pitera

****School and District Record****

Boys 1600 M. Relay

Al Dicarlo
Mike Esterly
Chad Krause
Chris Search

1993 East Penn Conference Meet

Silver

Boys 400 M. Relay

Al Dicarlo
Chris Newhard
Scott Urso
Chris Search

Boys 1600 M. Relay

Al Dicarlo
Mike Esterly
Chad Krause
Chris Search

Bronze

Boys 200 M. Run

Chris Search

Gold

Girls 400 M. Run

Abbe Pitera

Girls 1600 M. Relay

Kim Andrews
Kristie Butala
Cheryl Lutz
Abbe Pitera

1992 District XI Meet

Gold

Silver

Girls 200 M. Run

Abbe Pitera

**** Qualified for State Meet ****

Girls 400 M. Run

Abbe Pitera

**** Qualified for State Meet ****

Bronze

Girls 1600 M. Relay

Katie Wilder

Cheryl Lutz

Kim Andrews

Abbe Pitera

Boys 400 M. Relay

Jake Urso

Scott Urso

Pete Gruner

John Roberts

1992 East Penn Conference Meet

Gold

Silver

Girls 400 M. Run

Abbe Pitera

Boys 400 M. Relay

Jake Urso

Scott Urso

Pete Gruner

John Roberts

Bronze

Girls 200 M. Run

Abbe Pitera

Girls 1600 M. Relay

Katie Wilder

Cheryl Lutz

Kim Andrews

Abbe Pitera

1991 District XI Meet

Gold

Silver

Girls 200 M. Run

Abbe Pitera

**** Qualified for State Meet ****

Girls 400 M. Relay

Diane Kranyecz

Meredith Hogan

Allison Buehler

Abbe Pitera

Bronze

Boys 400 M. Run

Dave Bechtel

Steve Peters

James Buehler

Greg DeLong

1991 East Penn Conference Meet

Gold

Silver

Girls 400 M. Relay

Allison Buehler

Melissa Smull

Meredith Hogan

Diane Kranyecz

Bronze

Boys 200 M. Run

James Buehler

Boys 400 M. Relay

Dave Bechtel

Steve Peters

James Buehler

Greg DeLong

1990 District XI Meet

Gold

Silver

Boys 1600 M. Relay

Rob Ott

Tony Damas

Jason Penzak

Jim Gonya

Bronze

Boys 400 M. Run

Jason Penzak

1990 East Penn Conference Meet

Gold

Silver

Girls 400 M. Relay

Diane Kranyecz

Meredith Hogan

Tracy Matuezinski

Jen Bacon

Girls 100 M. Run

Tracy Matuezinski

Girls 200 M. Run

Tracy Matuezinski

Boys 400 M. Run

Jason Penzak

Boys 1600 M. Relay

Rob Ott

Tony Damas

Jason Penzak

Jim Gonya

Bronze

Girls 400 M. Run

Jen Bacon

Boys 200 M. Run

Jason Penzak

1989 District XI Meet

Gold

Silver

Boys 1600 M. Relay

Rob Ott

Rod Stoudt

Kevin Beers

Jason Penzak

Bronze

Boys 400 M. Run

Rod Stoudt

1989 East Penn Conference Meet

Gold
Boys 1600 M. Relay
Rob Ott
Rod Stoudt
Kevin Beers
Jason Penzak

Silver
Girls 100 M. Run
Michelle Hollod

Boys 400 M. Run
Rod Stoudt

Girls 400 M. Relay
Jen Bacon
Meredith Hogan
Tracy Matuezinski
Michelle Hollod

Girls 1600 M. Relay
Melissa Smull
Jen Bacon
Cheryl Mickey
Michelle Hollod

Bronze
Boys 200 M. Run
Tony Damas

Boys 400 M. Relay
Ari Forgash
Tony Damas
Rob Green
Greg DeLong

1988 District XI Meet

Gold

Silver
Girls 100 M. Run
Michelle Hollod

Bronze

1988 East Penn Conference Meet

Gold

Silver
Boys 400 M. Run
Rod Stoudt

Bronze

Girls 100 M. Run
Michelle Hollod

1987 District XI Meet

Gold
Boys 400 M. Run
Mike Latham

Silver
Boys 200 M. Run
Mike Latham

Bronze
Girls 400 M. Run
Sue Savary

****Qualified for State Meet****

1987 East Penn Conference Meet

Gold
Boys 200 M. Run
Mike Latham

Silver
Boys 1600 M. Relay
Mike Hailye
Rob Ott
Andy Schneck
Mike Latham

Bronze
Girls 100 M. Hurdles
Lisa Kranch

Boys 400 M. Run
Mike Latham

1986 District XI Meet

Gold

Silver
Boys 110 M. Hurdles
Jeff Burdick

Boys 300 M. Hurdles
Jeff Burdick

Boys 1600 M. Relay
Chris Davis
Mike Hailye
Mark Sinclair
Jeff Burdick

Bronze

1986 East Penn Conference Meet

Gold
Boys 110 M. Hurdles
Jeff Burdick

Silver
Boys 400 M. Run
Mike Latham

Bronze
Girls 200 M. Run
Audrey Medlar

Boys 1600 M. Relay
Chris Davis
Mike Hailye
Mike Latham
Mark Sinclair

Girls 100 M. Hurdles
Denise Miller

Boys 300 M. Hurdles
Jeff Burdick

Boys 400 M. Run
Chris Davis

1985 District XI Meet

Gold

Silver
Girls 400 M. Run
Alison Seager

Bronze

1985 East Penn Conference Meet

Gold
Girls 400 M. Run
Alison Seager

Silver
Boys 200 M. Run
Tom Salvaggio

Bronze

Girls 1600 M. Relay
Anna Girling
Audrey Medlar
Joann DiCarlo
Alison Seager