

2009 WAHS Track and Field Championships
J. Birney Crum Stadium

General Information

Bus/Van Parking

Bus/Van arrival begins at **2:00pm**. Please do not arrive prior to that time. Buses/Vans will drop off team on Linden Street at the Southwest Gate (#2). Buses/Vans will make a full circle around the stadium and park in the cinder bowl off of Linden Street, next to the stadium.

Check-In

Upon arrival, a coach needs to check in at the registration table that is located inside of the Southwest Gate (#2). At that time, each school will receive a meet booklet.

Participant Seating

Participants will place their belongings in Section **A, B, C, D or M, N, O, P** upon arrival. Please assign a coach to guide your participants to that area. Sections **E, F, and G** will be reserved for spectators.

Track and Field Events

Track event participants will enter and exit by small gate by Women's Bathroom (SE). Then there will be two areas clearly marked on the field with cones:

1. Static Stretching and warm-ups/etc. placement (East Goal line to E15 Yard Line)
2. Dynamic Warm-Up Area (East 20 Yard Line to East 40 Yard Line)

Both areas will be monitored by Security. We are trying to monitor the traffic flow on the turf as well as near the finish line better than we have done in past years. Even the participants in the high jump, long jump will need to enter from the SE and walk across turf to those events. **NO sitting/laying around will be permitted!**

The following are track guidelines for JBC Stadium:

- ¼ inch spikes or smaller are only permitted on track surface
- JBC will provide starting blocks for all participants
- **NO FOOD, DRINK, GUM, SEEDS** inside of track area
- Non-Participating athletes are **NOT** permitted in track area
- Pole Vault Coaching Box – ASD Logo of East "D" Section of the track
- Participants and Spectators will not be permitted to stand on the black top area between the stands and track fence from the start to the finish line. This is for the safety of the athletes.

Relay Cards

We are not going to distribute relay cards prior to the meet. Instead, at the conclusion of each relay, a relay card will be completed for each of the teams medaling.

Throwing Events

Shot Put and Discus

Will take place on the field immediately next to the stadium, Field House Field.

Spectator seating will be available.

Javelin

Will take place on the far West field, Duck Pond Field. Please excess this field from walking along sidewalk on Linden Street.

Posting Board

Results for all events will be posted on Blue Board located underneath SECTION A on the black top area.

Awards

Individual medals will be awarded immediately at the conclusion of event. Team trophies will be presented at the conclusion of the meet.

Result Package

Each team will be mailed an individual school result sheet on Monday, April 28th.

Concession Stands

Concession stands are located along the Northwest and Southeast Corners of the stadium.

Restrooms

Male and female located in Northwest portion of the stadium. Female only located in the Southeast and male only located in Southwest corners of the stadium.

Handicap/Spectator Parking

Handicap Parking is located next to the Northwest Gate (#3) off of Turner Street. All other parking is off street parking.

Admission

Gates will open at 3:00p

Adults \$5 and Students/Senior Citizens \$2

Gates #1, #2 and #3 will be open. (Southeast, Southwest, Northwest Gates)

Directions to J. Birney Crum Stadium from Rte 22 traveling West

Exit at 15th Street Exit. Left off of ramp to stop light. Turn left onto 15th Street. Proceed on 15th street to Linden Street. (10th traffic light). Turn right onto Linden Street.

Proceed on Linden Street you will pass school on your right and stadium will be on Linden Street (Parkway Blvd) 6 blocks from the high school on your right.

Directions to J. Birney Crum Stadium from Rte 22 traveling East

Exit at Cedar Crest BLVD Exit. At traffic light, make a left onto Cedar Crest BLVD. Proceed south on Cedar Crest BLVD to the 4th traffic light. At the 4th traffic light, make a left onto Parkway BLVD. Travel east on Parkway BLVD for 1.5 miles. (travel through 1 traffic light) JBC Stadium will be on your left.